



Relationships



Early Years

Family life
 Friendships
 Breaking friendships
 Falling out
 Dealing with bullying
 Being a good friend

Year One

Belonging to a family
 Making friends/being a good friend
 Physical contact preferences
 People who help us
 Qualities as a friend and person
 Self-acknowledgement
 Being a good friend to myself
 Celebrating special relationships

Year Two

Different types of family
 Physical contact boundaries
 Friendship and conflict
 Secrets
 Trust and appreciation
 Expressing appreciation for special relationships

Year Three

Family roles and responsibilities
 Friendship and negotiation
 Keeping safe online and who to go to for help
 Being a global citizen
 Being aware of how my choices affect others
 Awareness of how other children have different lives
 Expressing appreciation for family and friends

Year Four

Jealousy
 Love and loss
 Memories of loved ones
 Getting on and Falling Out
 Girlfriends and boyfriends
 Showing appreciation to people and animals

Year Five

Self-recognition and self-worth
 Building self-esteem
 Safer online communities
 Rights and responsibilities online
 Online gaming and gambling
 Reducing screen time
 Dangers of online grooming
 SMART internet safety rules

Year Six

Mental health
 Identifying mental health worries and sources of support
 Love and loss
 Managing feelings
 Power and control
 Assertiveness
 Technology safety
 Take responsibility with technology use

