

Dear Parents/Carers

Head Lice

I am writing to inform you that there has been a reported case of head lice in your child's year group. This letter contains some information on detection and treatment which we hope will be of use to you. Please could everyone check their children's hair as soon as possible so that we can try and eliminate them. There is no need to keep your child off school if they have head lice – however, please treat as soon as possible.

Detection

- Detection of head lice is more successful by very regular inspection.
- The best time is routinely when the hair is washed.
- Use a fine-toothed comb on really wet, conditioned hair
- part the hair into small sections - comb each section systematically
- comb from the scalp to the very ends of the hair.
- Lice are easier to see if combed onto a light surface (the bath, a basin or a sheet).
- Wash away and kill any lice found.
- If head lice are detected tell everyone you have contact with, including school.

Treatment: Only individuals who have lice or eggs need to be treated but all children need to be checked.

Non-Medicated Treatment

- Comb with a fine-toothed comb on really wet conditioned hair.
- Do this for at least 5 minutes every 3 days, for 2 weeks.
- Ensure the whole head is combed each time from scalp to ends of hair. This will remove the lice before they are mature enough to lay eggs or transfer to another head.
- Carry on the routine weekly checks after the treatment time.

Medicated Treatment

- Use a treatment recommended by a Doctor or Pharmacist or Nurse. The School and Health Visitor have the list of recommended preparations in accordance with Regional Guidelines. REMEMBER Anyone can catch Head Lice. Check everyone regularly.

We appreciate your support with this – further information can be found on the NHS website:
<https://www.nhs.uk/conditions/head-lice-and-nits>

Kind Regards,

Joanne Lennon
Headteacher